



AL NOORI NEWS

Al Noori Muslim School

Our mission is for all students to be empowered, resilient and future-focused.

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SCHOOL NEWSLETTER

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BE KIND. BE BRAVE. BE HAPPY. BE GRATEFUL. BE CREATIVE.



Dear Parents/ Caregivers,

Assalamu 'alaikum wa rahmatullahi wa barakaatuhu.

As a community, we are blessed with a strong faith in Allah's decree. The mindset, a Muslim should be in at all times is found in The Prophet's (Peace Be Upon Him) saying:

"How wonderful is the case of a believer, there is good for him in everything. If prosperity attends him, he expresses gratitude (by saying alhamdulillah i.e. thanks to Allah) and that is good for him; and if adversity befalls him, he endures it patiently (by also saying alhamdulillah i.e. thanks to Allah) and that is also better for him" [Sahih Muslim]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَعَسَىٰ أَنْ تَكْرَهُوا شَيْئًا وَهُوَ خَيْرٌ لَّكُمْ وَعَسَىٰ أَنْ
تُحِبُّوا شَيْئًا وَهُوَ شَرٌّ لَّكُمْ وَاللَّهُ يَعْلَمُ وَأَنْتُمْ لَا تَعْلَمُونَ

But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.

As Muslims, we come to realise that all situations, 'good' or 'bad', are ordained by Allah and are for the best. It just takes time for us humans to see the good in everything.

Allah says in the Quraan:

"It may well be that you dislike something which God might yet make a source of abundant good" (S4:A19)
 With this faith in hand, let us take the time to think about how we can be more positive about this situation.

Self-care is important but it starts with you! Consider the things that make you happy and more positive. Make it a habit to express your gratitude to Allah for all that you have and seek help if you need it.

LET'S STAY SAFE & STAY POSITIVE TOGETHER

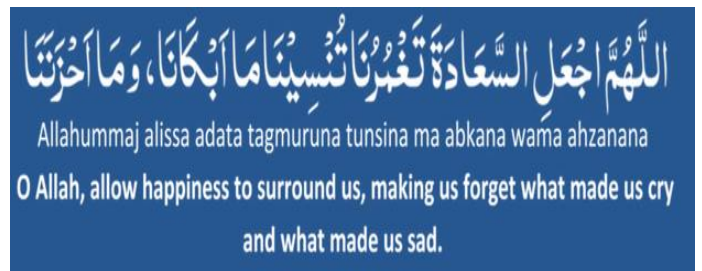


Never underestimate the power of positive thinking. It is vital for our students and families to maintain positive thinking throughout this lockdown. We are in this together and we will inshallah get through it together.

Being positive helps the mind, body, and spirit. Here are a few tips to maintain a positive mindset:

- Disregard negative thoughts
- Have a 'Can do' attitude- replace 'We can't' with 'We can'
- Make a list of things you are grateful for
- Compliment someone in your household

- Connect with positive people over the phone/facetime
- Carry out a random act of kindness such as giving charity or checking up on someone over the phone
- Exercise and take breaks from work
- Make plenty of Dua



There are many free support lines available for parents & caregivers during this challenging time. Some include:

- **LMA AMAN** is a Muslim-based clinic that offers English, Arabic and Bengali speaking psychologists who are available for consultation. Call AMAN PSYCH Support Clinic on 9750 6833/ 0416 937 425 or see www.lma.org.au
- **Hayat Line** is a free and confidential crisis support line for Muslims in Australia. Call 1300 993 398.
- **Parent Line** is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW. Call 1300 1300 52
- **Lifeline** provides 24/7 crisis support services. You can get help online at the **Lifeline** website or call 13 11 14.
- There are many more support helplines and services that can be found with a quick search online. May Allah (SWT) keep you and your family safe.

SCHOOL ADMINISTRATION OFFICE

Since Canterbury-Bankstown was placed on Level 4 restrictions, all schools in our area were strongly urged to reduce the staff numbers to the absolute minimum needed to meet the immediate needs of the school.

All communication with the school must be via phone or through email. Please continue to follow the COVID-19 restrictions and the NSW Health advice and do not come into the school office.



KINDERGARTEN TO YEAR 6

MS TEAMS – LIVE TEACHING & LEARNING

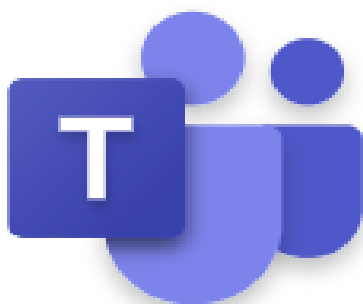
MS Teams live lessons will be launched for K-4 students next week. All students have been issued with usernames and passwords to allow for access to MS Teams and join class events. **Please do not change passwords.** MS Teams will be the virtual classroom space that will allow our students to interact with their teachers in a live online environment.

Year 5 and 6 students are interacting daily with their teachers and engaging in live lessons. Our Year 5 and 6 students are impressing their teachers with their wonderful ICT skills, as they successfully navigate through many features on MS Teams to complete the assigned work.

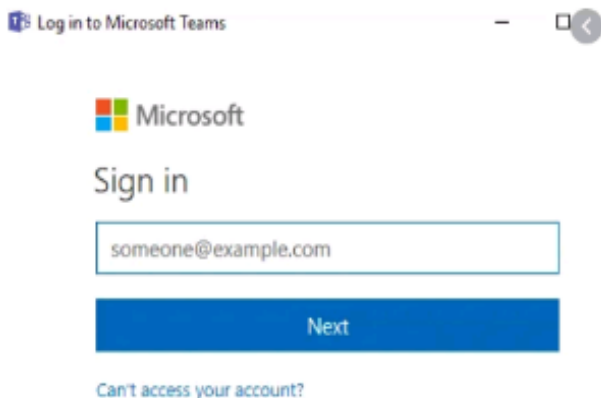
The details for the MS Teams lessons will be posted on **ClassDojo**. Students will be expected to join the meetings using MS Teams applications.

Three simple steps to join class meetings are as follows:

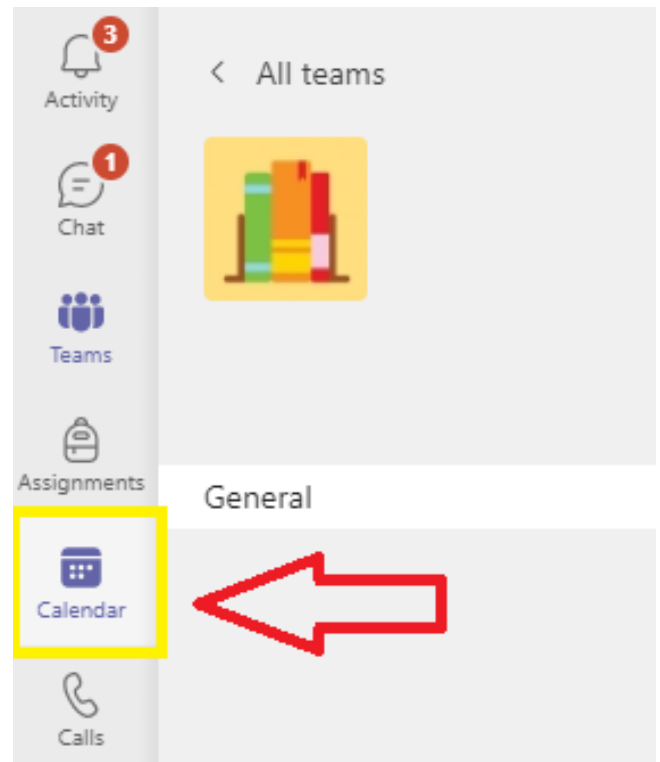
Step 1: Download MS Teams onto your device.



Step 2: Log in using the username and password provided.



Step 3: Access the Calendar tab and JOIN the scheduled class meetings.



HALF-YEARLY REPORTS

School reports are now accessible to parents through the Sentral Parent Portal. To access your child's reports, use one of the following links.

For new users, register for an account at:

<https://sentral.alnoori.nsw.edu.au/portal/register>

For returning users, access your Sentral Parent Portal at:

<https://sentral.alnoori.nsw.edu.au/portal/login>

If you require an access key or support accessing your child's report, email your child's name and class to: a.sowaid@alnoori.nsw.edu.au

We are proud of our students' achievements. Keep up the outstanding work boys and girls.

AMS YEAR 6 STUDENTS AND THE 2022 ENTRANCE TEST

As you are aware, Canterbury-Bankstown LGA will continue Level 4 restrictions. Hence, our enrolment process for our current Year 6 students taking the Entrance Exam has been postponed until further notice.

We will provide you with further information after we receive updated information from NSW Health. Once

